### Hajj Overview

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<th>Day 1</th>
<th>8th Day of Tarwiyyah (Watering)</th>
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<tr>
<td>1. Prepare for Ihram a. Shower, shave underarms and pubic hair, and put on perfume before wearing the white towels.</td>
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<td>2. Make a vocal intention for Ihram and begin. a. Say: Labbayk Allaahumma Hajjan I am here at Your service, O Allah, to perform Hajj</td>
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<td>b. In Ihram the following restrictions apply: 1. Do not cut your hair 2. Do not trim your nails 3. Do not apply perfume (including scented soap, shampoo, or wet towels that come with meals) 4. Do not wear gloves 5. Do not touch your wife/husband with desire 6. Do not perform intercourse 7. Do not consummate a marriage contract 8. Do not hunt any wild animals Specific for Men: &gt; Do not cover your head, not even with your Ihram towel &gt; Do not wear clothes sewn to the shape of your body. That includes undergarments. Specific for Women: &gt; Do not cover your face or hands. However, in the presence of men you may cover your face as Aisha’, radi Allahu ‘anha, used to do.</td>
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<td>c. Note: If there is a chance that you will not be able to complete your Hajj, then say at the time of making intention: In Habasani Haabis Fa Mahalle Haythu Habastani If anything holds me back, then my place is where You have held me Doing so will absolve you of any penalty if you are not capable of completing.</td>
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<td>3. Go to Mina a. Pray in Mina the following five Salah at their proper time: Dhuhr, Asr, Maghrib, Isha, Fajr</td>
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<td>b. Pray Dhuhr, Asr, and Isha: 2 Raka’at only</td>
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<td>c. Spend the day and night in Mina</td>
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<td>d. Remember to do the Talbiyah constantly (Labbayk Allahu huma labbayk).</td>
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### Day Two

4. In the morning, proceed to Arafah

   a. Arafah begins after Dhuhur. Try not to stress yourself with worship in the morning at the expense of the afternoon
   b. After listening to the Khutbah, pray Dhuhur and Asr together (2-2) at Dhuhur time.
   c. Pray and remember Allah ta’ala immensely on this day. Arafah is the essence of Hajj! Make lots of Dua.
   d. Remain in Arafah until sunset
   e. Delay your Maghrib/Isha – which you shall pray together – until you reach Muzdalifah.

5. At sunset, proceed to Muzdalifah

   a. The Islamic day ends at Maghrib, not 12:00 A.M. like we may be accustomed to in Western countries. Please keep this in mind.

6. Pray Maghrib/Isha in Muzdalifah

   a. If the bus is taking too long in traffic, do not delay your prayer past half the night. If it is nearing half the night, pray wherever you are on the road.

7. Spend the night in Muzdalifah

   a. The Prophet, sal Allahu alayhi wa sallam, prayed Fajr in Muzdalifah, and then he stood and supplicated before moving on.
   b. In an authentic hadith, permission was given for the elderly and women to leave halfway through the night.

### Day Three

8. After Fajr, proceed to Mina.

   a. Today you shall do the following:
      2. Slaughter your sacrificial animal.
      3. Shave or trim your hair. Shaving is preferred.
      4. Go to the Ka’bah and perform Tawaf Al-Ifadah (also known as Tawaf Az-Ziyarah)
      5. Go to Safa/Marwa and perform Sai’. This is for Hajj Tamattu’. (And others who may have missed their Sai’ when they first came).
   b. Coming out of Ihram has two stages:
      > First: After you have completed (*1-3), you come out of Ihram in the first stage. Meaning, everything that was forbidden in Ihram is now permissible, EXCEPT intercourse.
      > Second: After you have completed (*4) everything that was forbidden in Ihram is now permissible. You may delay (*4) to day four or five or six.
   c. At Maghrib the next day begins
   d. Return to Mina to spend the night there.

### Day Four

9. Spend the night in Mina

   a. You must spend the night in Mina

10. Beginning from Dhuhur time, stone the three Jamarat: (small-med-large)

   a. Do not throw before Dhuhur.
   b. Although the time begins at Dhuhur, it is safer to delay stoning until after Asr, or even until late night when the crowd lightens up.
   c. Say “Allahu Akbar” with each individual throw.
   d. Step to the side after the small and medium Jamarat, and make dua.
   e. Note: During the Tashreeq days, you should pray each Salah at its proper time. However, Dhuhur, Asr and Isha should be prayed 2 rak’at only.
   f. In the Qur’an: [And remember Allah during the appointed days (i.e. the Days of Tashreeq). Anyone who hastens to leave in two days, there is no sin on him, and whoever stays on (for the 3rd day), there is no sin on him, if his aim is to do good. And obey Allah and know that you will be surely be gathered unto Him.] 2:203

### Day Five

11. Spend the night in Mina

   a. You have now completed Hajj minus Tawaf Al-Wada’ (the Farewell Tawaf)